

Working At Height Course

Falls from height are one of the biggest causes of workplace fatalities and major injuries. Common causes are falls from ladders or through fragile roofs. The purpose of this course is to highlight the risks of working at height and how to safely plan and minimise any potential risks during working at height operations.

The syllabus includes:

- Working at Height Regulations 2005
- What is working at height
- Planning working at height
- Risk Assessments
- Selection and use of equipment
- Communication
- Rescue plan
- Reporting procedures
- Selecting the right P.P.E.
- Theory Test

Assessment:

End of session multiple choice question paper and practical assessment

Delegates who successfully complete this course will receive:

Certification valid for 3 years

Duration:

3-4 hours

Maximum Trainees:

12